

YOUNG MUMS

Are you a parent aged 12-25yrs?

Would you like some FREE in home help?

Some things on offer:



Communication and bonding



Home safety



Sleeping pattern



Basic cooking skills



Settling techniques



Shopping on a budget



Daily routines



Connecting with your
community



Managing behaviour

*“becoming a parent is
just like getting a new
job, you and your child
are getting to know
each other, it just takes
time!”*



Contact Kate. G at drummond street services on 9639 2576