



# LESBIAN MUMS GROUP

You are invited to attend 4 sessions and discuss the big issues for you

## Topics might include:

- Understanding where your kids are at developmentally, how they understand their family – what's normal and what matters at what age?
- Talking about your Rainbow Family – what's most helpful for kids? Dealing with bullying if it occurs
- Raising happy healthy kids- promoting mental health and a sense of security as kids grow
- Preparing for adolescence – or managing if you are already there!
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At drummond street services - 195 Drummond St, Carlton

Cost \$35 covers all sessions

Or Free with Health Care Card

**Bookings are essential.** Call Zoe on 9639 2576 for dates or to book your place or see our website at [www.ds.org.au](http://www.ds.org.au)

Refreshments provided, some childcare for children under 5 if you book ahead

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